



100 Bolger Drive

Fayette, IA 52142

563-425-3336

www.maplecrestmanor.com

Welcome to Maple Crest Manor

Maple Crest Manor is a skilled nursing care center, located in the scenic small town of Fayette, Iowa. Locally owned since 1976, we have been committed to providing an exceptional level of service to our residents and their families. We are a dedicated staff within a progressive facility, serving our community with quality care and an active life style in our family atmosphere.

Maple Crest Manor is Medicare/Medicaid approved and State of Iowa licensed. We are a member of the Iowa Health Care Association and the American Health Care Association. Our state-of-the-art skilled nursing facility has achieved 4 years of deficiency free rating from the Iowa Department of Inspection and Appeals, awarded a five-star rating by www.medicare.gov/nhcompare and by www.ucomparehealthcare.com.

We offer both private and semi-private accommodations. Each room furnished with a bed, bedside dresser and a closet for each resident. There is no locked storage space in the rooms. We encourage all of our residents to personalize their rooms with pictures, mementos and other items to make for a homey atmosphere.

Our compassionate team of nursing staff ensures that residents receive 24-hour clinical support and care. Residents and families alike can have peace of mind knowing every room is linked to an emergency call system.

Our Environmental staff provides profession cleaning services and laundering of personal clothing.

Our Culinary department offer wonderful home cooked meals three times a day with choices of food for each meal for residents to choose from. Snacks are also offered in between meals.

Our Life Enrichment department fills our resident's days with lots of fun things to do if they choose. From crafts to music events to dining out to church services and more, there are several things to do every day.

We treat our residents with respect, dignity and understanding with which we expect to be treated, giving to each resident the love and kindness which we hope to receive!

We invite you to learn more about our beautiful home and all the services that we provide by visiting our web site or give us a call at 563-425-3336 to set up a tour of our facility.

Deb Heldt, Administrator

"A small town atmosphere where neighbors care for neighbors"



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Maple Crest Manor is a skilled nursing and long term care community that provides 24-hour support and quality medical attention through personalized skilled nursing and long term care programs. With every resident, maintaining dignity and sense of well-being is our number one priority. And while healing the body, mind and soul with our compassionate nursing care, we also work to enrich the quality of one's life. To assist us with this, we provide the following:

- **Nursing** - 24-hour professional staffing
- **Social Services** – Social Worker 4 days a week
- **Physicians** - Dr. Ronald Myrom, twice a month and Steve Greenwaldt, PA, weekly.
- **Lab services** – Gunderson Clinic of Fayette comes to our facility
- **Physical Therapy** - Consulting, Northern Iowa Therapy
- **Occupational Therapy** - Consulting, Northern Iowa Therapy
- **Speech Therapy** - Consulting, Northern Iowa Therapy
- **Wellness Program** - 6 days per week
- **Audiologist** - Lew Bishop, West Union
- **Dietitian** - Kathy Fassbinder
- **Dentist** - Rudolph Kraus, Fayette
- **Pharmacist** - Jeff Scott, Fayette
- **Consulting Pharmacist** - Hawkeye Consultants, LCC
- **Podiatrist** – Dr. Tim Parker, every 3 months
- **Clergy visits arranged** - Regularly scheduled religious services - Fridays
- **Culinary** – 3 delectable, nutritionally balance meals with snacks
- **Life Enrichment program** – daily with a wide variety
- **Housekeeping** - daily
- **Laundry** – daily
- **Transportation** – we will assist in all transportation needs
- **Equipment available** - oxygen, wheelchairs, walkers, whirlpool
- **Resident Trust available**

Please contact us to learn more about how Maple Crest can help you or someone you love live a more comfortable and fulfilling life today!!

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Our Facility's Mission Statement

"We are a dedicated staff within a progressive facility, serving our community with quality care and an active life style in our family atmosphere."

We are pleased you are considering Maple Crest Manor for your nursing care needs. We know this can be a difficult decision for the entire family and we want to provide you with the information you and your family need. If you have any questions, please feel free to ask.

It is our hope that the transition from your home to our facility will be done as smoothly as possible as to create minimal apprehension and adjustment on your part. Our purpose is to provide maximum quality of care so that life here will be comfortable and as much like home as possible.

We realize your life here will never be exactly like home, but we will do all that we can to create an atmosphere of comfort and harmony. We care about you, your feelings and your needs, and through open communication, we hope these needs will be met.

Be open to meeting new people and trying new activities. You will find many friends among residents and staff who will assist in your adjustment to living here. These friendships will also help you in maintaining a cheerful attitude, which is important to feeling good.

Together we can make your stay here comfortable and pleasant. We want you to like it here and we will do all that we can to attain this goal.

Here is some valuable information for you:

Our daily rates:

Semi-private room	\$150
Private room	\$160
Deluxe room	\$175

Daily rates include all aspects of your care except the following: pharmacy statement, therapy (may be covered by Medicare and your supplement insurance), hair care, cable television, in room telephones.

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Additional Information

Admissions:

- a) Director of Nursing or designee will review your assessments to ensure we can meet your needs, by visiting or by review of Physician's assessments, hospital records etc.
- b) Physician's orders to be admitted are necessary with a physical to be done prior to admit.
- c) We encourage residents and family to bring in personal items, within limits, to make their room homey. We recommend bringing at least seven complete outfits. Appropriate clothing is usually considered to be slacks, shirts/tops, dresses, sweat suits, sweaters, nightgown/sleepwear, and underwear. Shoes or slippers should have nonslip soles. As a general rule, clothing should be roomy and have large enough openings that they can be put on and removed with a minimum of stress to both the resident and the clothing. Nursing home staff will label clothing in not already done prior to admit. Personal laundry service is provided by the facility. Clothing should be machine washable and dryable. Families should expect to assist in maintaining the resident's wardrobe.
- d) Shampoo, soap, lotion, powder, toothbrush and toothpaste are provided by Maple Crest, unless special brands are desired.
- e) For information regarding the medical status or progress of your resident under HIPPA limits, please ask at the nurses' station.
- f) Care plans are held each Thursday, with each resident evaluated quarterly. Family members are invited to attend this discussion of the resident's needs, goals, and progress. The family will be notified by Maple Crest as to date, time, and place. During holidays or other times of needs care plan day may be changed.
- g) If resident has their own W/C, Walker or canes at home, they may bring to use. (As long as in good condition for safety of resident.
- h) We discourage residents from keeping valuable items, such as expensive jewelry and large sums of money, in their rooms. The facility cannot take responsibility for such items.

Discharge:

Resident rehabilitation and eventual discharge is an important goal for family, resident, and staff. Many residents do return to their homes or to other appropriate care. The Physician, nursing staff, and social worker will assist in discharge planning. We will assist with setting up Home Health care if appropriate, Meals on Wheels, Lifeline service etc. upon your request.



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Additional Information

Culinary:

Special diets supervised by Registered Dietician.

Room Service is always available.

Snacks are welcomed in each room. A sealed plastic container is recommended to prevent spoilage. (Examples: Tupperware or glad ware).

We very much welcome guests to join us for our meals. Our prices are: —breakfast-\$3.00, lunch-\$4.00, supper-\$3.00, and holiday meals - \$5.00.

Reservations are not required however very much recommended 2 hours before a meal. For groups larger than 4 guests per resident, please make arrangements with our culinary staff.

Dining Times:

7:30 AM	Breakfast
9:45 AM	Coffee Break & Snacks
11:30 AM	Lunch
5:30 PM	Evening Meal
3:30 PM & 7:30 PM	Snacks – and anytime by request

Volunteer Program:

If you or anyone you know would like to volunteer at Maple Crest, please contact Janice Larson, Activities Director @ 563-425-3336.