



# Maple Crest Campus

## Newsletter

### February 2024



### Goodies

Snacks and goodies are always a welcomed treat for our residents and tenants. If you bring in a treat for your loved one, please make sure it is in a sealed container or zip lock baggie to help keep it fresh.

### Fun Additions


This year Maple Crest is trying to add more fun and exciting days into our marketing plan. Keep an eye on our Facebook page and newsletter for fun upcoming things to celebrate.

### New Job

Maple Crest Campus is looking to hire certified nurses aides in our nursing home.  
If you or someone you know would like to apply stop in today or apply online at [www.maplecrestmanor.com](http://www.maplecrestmanor.com)



**Special Events**  
3/20 Hearing Clinic



Let Maple Crest Campus put a bunny in their yard  
\*All proceeds go toward activities at Maple Crest Campus\*  
Bunnies placed after dark They wake up to bunny in their front yard for \$10  
Fayette, West Union, Hawkeye, Elgin and surrounding areas  
Contact Maple Crest Campus 563.425.5536  
to get the bunny placed in a yard or have him hop out of yours!

## Donations

Thank you for the donation from Renee Voshell in memory of Clara Pleis and Marilyn Shaffer.

Thank you for the donation from Jerry Anderson.

## This Month's Anniversaries

Gerilyn Blue 1 year

Megan Kauffman 1 year

Heather Martin-Davis 1 year

Goldie Moore 4 years

Megan Moyle 11 years

Cassidy Pagel 3 years

Kristina Thyer 1 year

Melodie White 12 years

## Our Local Flower Shop

Old Mill Floral

West Union--563-422-5729



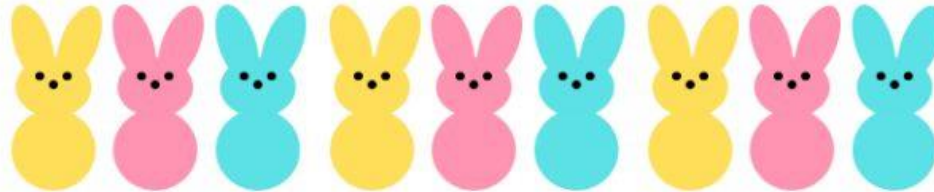
## Welcome

We would like to welcome Donna Lein to The Maples.

Welcome Trish Hampton-Dietary Manager, Dani Miller- UW, Logan Taylor-CNA, Emily Waitek-RN, Lindsay Willer-EA

## Thinking of you

Best of luck to Vivian Orr, Urban Kuennen, and William Kauten who left our facility.



## Residents & Tenants

3.1 Dolores Boehm 3.25 Lorraine Michels

3.2 Kevin Lueder 3.29 Dorothy Miller

3.6 Evelyn Pulfer

3.22 Delores Bartz

3.23 Norma Wurzer

## This Month's Birthdays

### Staff

3.2 Maria Soto

3.3 Addison Chapman

3.9 Linda McMahon

3.13 Erika Loyd

3.24 Abigail Schmitt

3.29 Rebecca Tryon





## Love in the Long Run: How Love and Life are Possible in the Long Term Care Setting The Knipper Story

Many know the Knipper family, as Doris and Eldon have been part of the local community their entire lives. When the two met over supper, fell in love and got married back in '86, they knew that Arlington is where they would call home and set to building their life together there. Outside of the farm Eldon worked at the local lumber yard while Doris spent time as a homemaker as well as working at the Arlington gas station and grocery store. They were proud of all they had accomplished together and on their acreage in rural Fayette county. However, the years passed, Doris and Eldon found themselves conversing about life and what their next steps might be.

Knowing how much they lean on each other, they knew whatever move they decided to make, they wanted to make it together. They talked with their 3 girls and son and got their Power of Attorney activated and in place. A move that the entire family was thankful for when life took a turn and made the need for some extra help known.

In December of 2022 Eldon was involved in an accident that required him to get some rehabilitation therapies. It being a typical Iowa winter, the family wanted their mom and step-dad to be together without the extra stressors of traveling back and forth. After shopping around the various options, they came to a decision on Maple Crest Campus-noting it was a facility so many spoke highly of. The campus allowed for their dad to get the recovery he needed while their mom was just a few doors down in assisted living. The best part was that when Eldon was stronger, the campus setting allowed for him to join his wife in the assisted living apartment. It was ideal and the various levels of care suddenly made the entire situation a whole lot easier.

Although the events leading up to the Knippers move were more out of necessity than desire at the time, there were various aspects that the family quickly found comfort in once they arrived. Being on the farm did not allow for them to have easy access to the assistance they would sometimes need. The peace of mind knowing their parents had help at the push of a button brought solace, as they knew on the farm that could never be the case. Another feature the family found great comfort in was knowing their parents medicine was being managed and they were safely and correctly being administered. Medicine, especially after various incidents such as accidents or falls, can be a big cause for concern with the elderly. Not taking the correct dosages, the timing, interactions with other meds and not being monitored are all worries that can be eased when your loved ones reside in a long term care or assisted living setting. The kids also enjoyed the fact that their mom and dad were getting prepared, nutritionally balanced meals 3 times a day, allowing them to get the nutrition they needed to get stronger and stay healthier.

An added bonus that was not expected was the socialization and activities the new living situation allowed for. Activities like coffee and snack with the ladies in the morning for Doris, drives to the fish hatchery for Eldon and maybe a quick round of cards in the evening gave the couple fun things to look forward to and talk about with their kids when they visit. It brought a spark back to their lives in the form of adventure and friendship that life on the acreage didn't quite allow.

The kids all agree that it is nice to hear their parents talk so highly of the place they now call home. They are getting to enjoy their years together while being cared for and their family doesn't have to worry quite so much about the acreage becoming too much for them to care for or being unable to find them help in times of need.

"You never know what life will bring," closed their daughter, Ellen. Maple Crest is happy to be here for the Knippers and all we have had the privilege to serve. We invite you to reach out to see how the campus could help you and your loved ones achieve the same peace of mind.







# A Snapshot into the last month at Maple Crest Campus



**Pizza for Pizza Day**



**Super Bowl Party**



**Mardi Gras Party**



**Celebrated Donut Day**



**Chocolate Mint Day**



**Love Your Pet Day**



**Valentine's Day Advice**



**Made Valentine's Cards**





# March

Maple Memory Lane

2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:00 Lutheran Church on Television 2:00 Snack and story					1 9:30 Chair Yoga 2:00 ReDo tree w/ volunteers	2 9:30 Coffee and conversation 2:00 BINGO
3 9:00 Lutheran Church on Television 2:00 Snack and story	4 9:30 Chair Yoga 2:00 Fill Easter Eggs	5 9:30 Coffee and conversation 2:00 Popcorn and movie	6 9:30 Coffee and Conversation 2:00 BINGO	7 9:30 Chair Yoga 2:00 Monthly Birthday Party	8 9:30 Chair Yoga 2:00 Church	9 9:30 Coffee and conversation 2:00 BINGO
10 9:00 Lutheran Church on Television 2:00 Snak and story	11 9:30 Chair Yoga 2:00 Story and coffee	12 9:30 Coffee and conversation 2:00	13 9:30 Coffee and conversation 2:00 BINGO	14 9:30 Coffee and conversation 2:00 Pie for Pie Day	15 9:30 Chair Yoga 2:00 Church	16 9:30 Coffee and conversation 2:00 BINGO
17 9:00 Lutheran Church on Television	18 9:30 Chair Yoga 2:00 Nail Care	19 9:30 Coffee and conversation 2:00 Jerry Anderson eNH	20 10:15 Mass 2:00 BINGO	21 9:30 Coffee and conversation 2:00 Art Project w/ volunteers	22 9:30 Chair Yoga 2:00 Church	23 9:30 Coffee and conversation 2:00 BINGO
24 9:00 Lutheran Church on Television 2:00 Music with Tim the Music Man	25 9:30 Chair Yoga 2:00 Bunny Paintings	26 9:30 Coffee and conversation 2:00 Painting	27 9:30 Coffee and conversation 2:00 BINGO	28 9:30 Coffee and conversation 2:00 Memory Games	29 9:30 Chair Yoga 2:00 Church	30 9:30 Coffee and conversation 2:00 BINGO

## Birthday's:

- 3.1 Dolores Boehm
- 3.2 Maria Soto
- 3.13 Erika Loyd
- 3.23 Norma Wurzer
- 3.29 Rebecca Tryon
- 3.29 Dorothy Miller







# March

Assisted Living Calendar



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:00 Lutheran Church on Television					1 9:30 Chair Yoga 2:00 Peanut Butter Lovers Day Activity	2 9:30 Mind Benders and Coffee 2:00 Cash BINGO
3 9:00 Lutheran Church on Television	4 9:30 Chair Yoga 2:00 Fill Easter Eggs	5 9:30 Coffee and conversation 1:30 Women in Faith Meeting in Dining Room	6 9:30 Coffee and conversation 2:00 Cash BINGO	7 9:30 Chair Yoga Subway for Lunch 2:00 Discover what your name means	8 9:30 Chair Yoga 1:30 Church with Josh Hanson	9 9:30 Mind Benders and Coffee 2:00 Cash BINGO
10 9:00 Lutheran Church on Television	11 9:30 Chair Yoga 2:00 Story time w/ Annette	12 9:30 Coffee and conversation 2:00 BINGO	13 9:30 Coffee and conversation 130 Social Hour with WELCA Ladies	14 BINGO Store Day 10a-11a 11:20 Tenant Meeting 2:00 Pie for Pie Day	15 9:30 Chair Yoga 2:00 Church	16 9:30 Mind Benders and Coffee 2:00 Cash BINGO
17 9:00 Lutheran Church on Television	18 9:30 Chair Yoga 1:30 Quilting Day Program	19 9:30 Coffee and conversation 2:00 Jerry Anderson @NH	20 10:15 Mass 2:00 Cash BINGO	21 9:30 Coffee and conversation 1:30 Sing a long with Joyce and Peggy chips and dip to follow	22 9:30 Chair Yoga 2:00 Monthly Birthday Party	23 9:30 Mind Benders and Coffee 2:00 Cash BINGO
24 9:00 Lutheran Church on Television 2:00 Tim the music man @ NH	25 9:30 Chair Yoga Lunch- Build your own waffle	26 9:30 Coffee and conversation 1:30 Sing a long with Loyce	27 9:30 Coffee and conversation 2:00 Cash BINGO	28 9:30 Coffee and conversation 2:00 Rabbit Wreath Craft	29 9:30 Chair Yoga 2:00 Church	30 9:30 Mind Benders and Coffee 2:00 Cash BINGO






## Birthday's:

3.2 Maria Soto

3.22 Delores Bartz



# March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Reminder: Puzzles, word searches. Coloring supplies, and reading materials always available					1 10am Snack/Coffee 12pm 2pm Crafting with Ellie and Hensley	2
3 2pm Music with Curt and Linda Gjere 	4 10am Snack/Coffee 12:15pm Finger exercises at lunch 2pm Reminisce with Annette	5 10am Snack/Coffee 12pm Word search 2pm Reading Group	6 10am Snack/Coffee 12pm Finger Exercises 2pm BINGO	7 10am Morning Conversations 12pm Chair Yoga 2pm Walks outside	8 International Women's Day 10am Women's Group 12pm Women's Day Trivia 2pm Painting nails and hand massages	9 Fireman's Spaghetti Supper in Fayette
10 4H Omelet Breakfast in West Union World Piano Day	11 10am Snack/Coffee 10:30am 12pm Word Search 2pm Wheel of Fortune	12 Dietician Day 10am Morning Conversations 12pm Dietician Facts 2pm Bowling in West Union	13 10:30am Resident Council 12pm 2pm BINGO 3pm Honoring Veterans – Gundersen Presentation	14 Pi Day 10am Snack/Coffee 10:30am Chair Yoga 12pm Pi Day Facts 2pm Monthly Birthday party	15 Green Buffet Day 10am Snack/Coffee 11:30am Buffet 2pm OPEN AFTERNOON	16
17	18 10am Snack/Coffee 10:30am Recycle Project 12pm 2pm Reminisce with Annette Global Recycling Day	19 First Day of Spring 10am Snack/Coffee 2pm Bowling in West Union 2pm Music with Jerry Anderson 	20 10am Catholic Mass 12pm Favorite thing to do growing up? 2pm BINGO	21 Poetry Day 10am Snack and Coffee Morning Conversations 12pm Read Poetry 2pm Chips and Dip	22 10am Snack/Coffee 10:30am Yahtzee 12pm  2pm Church	23
24 2pm Music with Time the Music Man  Hoppy Easter 	25 Waffle Day 10am Snack/Coffee and Conversation Department Heads make waffles for staff, residents, and tenants	26 10am Snack/Coffee 10:30am UNO 12pm Favorite Beethoven literature 2pm Plant seeds	27 POPCORN DAY 10am Snack/Coffee 10:30am Make popcorn balls 12pm Theater Trivia 2pm BINGO	28 10am Snack/Coffee 10:30am Make fruit salsa 12pm March Madness trivia 2pm Trip to the Library	29 10am Morning Conversations 12pm News Happenings 2pm Springtime Craft	30